

# ARMOR



**GROUP STUDY**



ARMOR: Group Study

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## Week 10

# Take Up : The Sword of the Spirit

*17 and take the sword of the Spirit, which is the Word of God*

Ephesians 6:17b

### **PRAY**

This week we concluded our message by declaring victory in the name of Jesus as we read some powerful Scriptures. The Sword of Spirit needs to be read personally, meditated upon, and memorized. God's Word also needs to be proclaimed. Let's open up our time in the Word by re-reading the following Scriptures out loud together and let's anticipate incredible victory as we walk through the Word together.

Victorious Scriptures: **John 10:10; James 4:7; I John 4:4; 2 Thessalonians 3:3; Luke 10:19; Romans 8:31.**

### **SHARE**

Before we break down Psalm 119 and get on the attack with the Sword of the Spirit, let's talk about how we counter-attack against Satan's attacks. The schemes of the devil are relentless and he is constantly on the attack. Much like a good chess player who is thinking about the 3rd and 4th moves, let's think about how we need to counter-attack these schemes. In this week's sermon we considered how Jesus counter-attacked the temptation from Satan in Matthew 4. Jesus quoted from Deuteronomy 6 in Matthew 4:10, "Then Jesus said to Satan, "Be gone, Satan! For it is written, "You shall worship the Lord your God and him only shall you serve.""

As we reflect on Jesus' example, discuss the following together:

- **What are some ways that you have tried to counter-attack Satan outside of proclaiming God and His Word? How did these methods fail to help you overcome the enemy?**
- **In following the example of Christ quoting from Deuteronomy, what are some similar ways that you have counter-attacked Satan in your own life? (examples: deeper commitment to the church, uniting with a brother/sister in Christ to pray, etc.)**

## STUDY

Let's now transition and get offensive with the Word of God. Although this is a long chapter in God's Word (176 verses), we are going to take our time and read through this entire chapter. As we read together, let's consider the four ways that we are called to be on the attack with God's Word.

1. **Know** the Word
2. **Love** the Word
3. **Live** the Word
4. **Preach** the Word

Open up in the prayer and ask for the Holy Spirit to illuminate His Word in your lives as you read. Remember that this is the Sword of the Spirit. The Spirit of God not only wrote the Bible but the Spirit of God is alive through the Bible. God breathed out every single word and He wants to breathe out in your lives a greater passion to know, love, live, and preach the Word.

*All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, that the man of God may be complete, equipped for every good work.*

### 2 Timothy 3:16-17

Let's begin and pray that we would all be complete, equipped for every good work!!!

Here are a couple of suggestions as you ready through all of Psalm 119:

- Pray at the beginning for the Spirit of God to move
- Take turns reading. There are 176 verses that are divided into 22 stanzas. One stanza for each letter of the Hebrew alphabet (8 verses each)
- Feel free to stop and recognize the four ways that we get offensive with the Sword of the Spirit. For example, when the Psalm highlights getting active with the Word, recognize this truth and encourage those in your group to "live the Word".
- Close in prayer asking for the Word to commission you to get on the attack with the Sword of the Spirit.

## **RESPOND**

If we truly believe that the Word of God is important for our lives, we need to get on the offensive with our plans to know, love, live, and preach it. One of the greatest ways that we get on the offense with the Word of God is to truly make some practical plans to study God's Word consistently. We need each other to hold us accountable to activate these plans. As we close, break up into smaller groups and ask each other the following questions with the purpose of starting to put a plan together for a more consistent time in the Word. Try and check up on each other during the week as a follow up on these plans.

- **What are some of your favorite Bible reading plans? Are you currently walking through a book of the Bible? Why or why not?**
- **When is the best time for Bible study for you? Where is the best place for Bible study for you?**
- **Have you considered journaling your Bible study? Why or why not?**
- **How has prayer become intertwined in your Bible study? Are you currently doing this?**
- **What are some ways that I can encourage you and hold you accountable to jump into God's Word more consistently?**